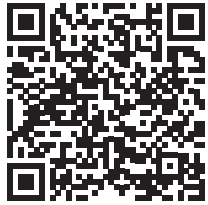


COMMUNITY FREE CLINIC  
SPIRIT OF AMERICA **5 MILE**

**2021 Entry Link**



Focus your smart phone camera on the **QR CODE** above and click the banner to go straight to registration!

**OR TYPE IN WEBSITE:**

<https://runsignup.com/Race/AL/Decatur/CommunityFreeClinicSpiritofAmerica5miler>

**5 Mile  
Fun Run (Free)**

Extra t-shirts sold for \$10.00

Community Free Clinic  
245 Jackson Street, SE | Decatur, AL 35601

**CHECKS PAYABLE** Community Free Clinic

**RUNNERS:**

By participating you certify that you have decided to participate in the 5 Mile and/or 1 Mile Fun Run/Walk with the full knowledge that being physically fit and sufficiently trained is necessary to prevent injury to yourself. Heirs, devisees, executors, administrators and assigns hereby waive, release and discharge any and all claims again Community Free Clinic, River City Runners Inc, Decatur Park and Recreation Department, Spirit of America Run, and their employees, agents, or representatives, arising out of your participation in either the 5 or 1 Mile Fun Run/Walk. You acknowledge that the trail surface may be uneven and contain exposed roots. There is additional risk due to the corona virus outbreak. You understand that it is your responsibility to social distance by staying 6 feet from others. **All participants are required to self- screen for fever. If you have a temperature over 100.4 you may not attend the event.**

COMMUNITY FREE CLINIC  
SPIRIT OF AMERICA **5 MILE**

**THANK YOU SPONSORS!**



COMMUNITYfreeCLINIC  
OF DECATUR-MORGAN COUNTY  
Board of Directors



DECATUR PARKS & RECREATION

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Decatur Family Dentistry

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COMMUNITYfreeCLINIC  
OF DECATUR-MORGAN COUNTY

245 Jackson Street SE | Decatur, AL 35601

Phone 256.309.2491 | 256.309.5961

[www.clinicdecatur.org](http://www.clinicdecatur.org)

COMMUNITY FREE CLINIC  
SPIRIT OF AMERICA

**5 MILE**

**2021 RUN**

**One Mile Fun Run**

Saturday, June 26, 2021

Point Mallard Park

Decatur, Alabama



**PRESENTED BY**

River City Runners Inc

Community Free Clinic of Decatur

Decatur Parks and Recreation

**T-Shirt guaranteed for first  
150 Registered Runners!**

# 5 MILE RUN INFO

## START

5 mile course will start at corner of soccer fields near TC ALMON, runners will loop the field on the access road then continue on the golf course road to the north trail head then run the trail all the way back to the south trail head. There will be one water station that runners will pass by twice. Course is not certified.

## START TIME

5 mile starts at 7:00 am

## RESULTS

Results will be posted on [rivercityrunners.org](http://rivercityrunners.org). The 5 mile will be a chip timed race, please attach chip to top of your shoe and make sure that your bib number matches your chip number. Bibs must be worn on the front of your body.

## SINGLE FILE

Runners will be asked to stay to the right and run single file on the trail to aid in passing.

## PRE- REGISTRATION

Pre-registration may be done by mail or at Active.com **\$20.00** before 6/25/21

**\$25.00** dates of 6/25-26/21

(Not responsible for misdirected or late entries)

## RACE DAY REGISTRATION

Race day sign-up & Packet pick-up will be on **Friday (25th) night from 5:00 -6:00** for the 5 mile. **Cost \$25.00**

## ADDITIONAL INFO

Can be found at website:

<https://runsignup.com/Race/AL/Decatur/CommunityFreeClinicSpiritofAmerica5miler>

## AWARDS

- Trophy to 1st Place Overall Male and Female
- Trophy to 1st Place Master Overall Male and Female
- 1st, 2nd and 3rd Place Medallion for Age Divisions

## AGE DIVISIONS

- 0-14
- 15-19
- 20-24
- 25-29
- 30-34
- 35-39
- 40-44
- 45-49
- 50-54
- 55-59
- 60-64
- 65-69
- 70+

# 1 MILE FUN RUN

## START

1 mile fun run will start near finish line of 5 mile, run out of the parking lot to the golf course road, then make a quick right turn onto the trail, then follow the trail back to the 5 mile finish.

## START TIME

Approximately 8:15 am

## RESULTS

Times will be recorded but not published.

## FREE ENTRY FEE

No fee although you must register and get a race number to participate. Fun Run bib numbers must be on the front of your body.

**1 mile fun run sign up will be until 8:00am.**

If extra t-shirts are available, they will be for sale for \$10 each after the fun run.

# COMMUNITY FREE CLINIC SPIRIT OF AMERICA 5 MILE 2021 RUN



*There is additional risk due to the corona virus outbreak. Understand that it is your responsibility to social distance by staying 6 feet from others.*

**ALL PARTICIPANTS ARE REQUIRED TO SELF- SCREEN FOR FEVER. IF YOU HAVE A TEMPERATURE OVER 100.4 YOU MAY NOT ATTEND THE EVENT.**